

# You're Invited to the 20th Annual Benefit Fair!



Plumbers Local Union No. 1 Welfare Fund Home of Your Employee Benefits

Wednesday, October 16th: 3:00pm - 6:00pm

Plumbers Local Union No. 1 Headquarters - 50-02 Fifth Street, Long Island City

October Membership Meeting will begin immediately following the Benefit Fair
Annual Blood Drive will be held during this event

Let's Make
October Your
Health Care
Month

# **Retirement Planning**

## **Check your Financial Wellness**

- Plumbers & Pipefitters
   National Pension Fund
- o 401(k) Savings Plan
- Prudential Financial and Morningstar Investment Managers one-on-one consultations

### **Benefit Information**

- o Live Health Online
- Member Assistance Plan
- o 24/7 Nurse Line
- Meet your Service Providers

Visit our new portal at MyBenefits.nypl1f.org

# Refreshments/Give-a-Ways

- o Refreshments
- o Give-a-Ways
- Raffle Prizes\*

PREVENTION
RATHER THAN
CURE

\* Sponsored by Local 1, ACP and your Service Providers

### **Preventive Care**

- Seasonal Flu Shots
- Diabetes Screening
- Blood Pressure Testing
- Therapeutic Massage
- Asbestos DiseaseAwareness

You can better ensure wellness and good health by taking advantage of <u>free</u> annual physical examinations and other preventive screenings!